

C major turnaround exercise

Tim Robinson
timrobinsonguitar.com

This arpeggio exercise is based around a common I VI II V progression:

C A7 Dm7 G7

The dominant 7 chords are substituted with diminished 7 arpeggios. The exercise is designed so each arpeggio flows smoothly into the next one. Likewise the last arpeggio flows back to the beginning.

I have indicated possible fingering and picking suggestions.

The image shows a guitar exercise in standard notation and tablature. It is divided into two systems. The first system covers the Cmaj7 and A#dim chords. The second system covers the Dm7 and G#dim chords. Each system includes a standard musical staff with a treble clef and a guitar tablature staff with fret numbers and picking directions (V for downpick, ^ for uppick). Fingering numbers (1-4) are placed above the notes. The tablature shows the fret numbers for each string (T, A, B) and the corresponding notes on the staff.

System 1:

- Cmaj7:** Treble clef, E major. Notes: C4 (open), E4 (2), G4 (1), Bb4 (3), C5 (2), E5 (3), G5 (1), Bb5 (3). Picking: V, V, V, V, V, V, V, V. Fingering: 2, 1, 3, 2, 3, 3, 1, 3.
- A#dim:** Treble clef, A major. Notes: A4 (2), C#5 (4), E5 (1), G#5 (2), A5 (4), C#6 (1), E6 (3), A6 (1). Picking: V, V, V, V, V, V, V, V. Fingering: 2, 4, 1, 2, 4, 1, 3, 1.

System 2:

- Dm7:** Treble clef, D minor. Notes: D4 (3), F4 (1), A4 (4), Bb4 (3), D5 (1), F5 (3), Ab5 (2), D6 (4). Picking: V, V, V, V, V, V, V, V. Fingering: 1, 4, 3, 1, 3, 2, 1, 4.
- G#dim:** Treble clef, G major. Notes: G4 (3), Bb4 (1), D5 (3), F#5 (1), G5 (3), Bb5 (2), D6 (4), G6 (1). Picking: V, V, V, V, V, V, V, V. Fingering: 3, 1, 3, 1, 3, 2, 4, 1, 3.